

# MEXICO ALLERGENS GUIDE

SUMMER MENU 23/24



	GLUTEN	DAIRY	EGGS	TREE NUTS	FISH	SESAME /SEEDS	SULPHITES	PEANUTS	SHELLFISH	SOY BEANS	LUPIN
ELOTES 'CORN RIBS'		✓									
SWEET POTATO DIP		✓									
CHICKPEA PATATAS											
GUACAMOLE											
FISH CEVICHE					✓						
STUFFED JALAPENOS		✓								✓	
FRIED CHICKEN	✓	✓	✓								
FRIED CAULIFLOWER	✓										
GUAJILLO CHICKEN TACO	✓*					✓					
BUTTERNUT PUMPKIN & CHICKPEA TACO	✓*	✓*				✓					
PORK BELLY CON COLA TACO	✓*									✓	

✓ Indicates food item contains allergen described

\* Indicated food item where allergen described can be removed on request

While we take as much care as humanly possible, we cannot guarantee that trace elements may not be present.

Please talk to one of our friendly staff about your dietary needs.

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BEEF ARACHERA TACO	✓ *										
LAMB PICADILLO TACO	✓ *	✓ *				✓					
CHIMICHURRI FISH TACO	✓ *				✓						
LAMB QUASADILLA	✓	✓				✓					
CHICKEN QUESADILLA	✓	✓				✓					
POTATO & PUMPKIN QUESADILLA	✓	✓ *				✓					
BUTTERFLY PRAWNS	✓ *	✓	✓						✓		
PORK TOSTADAS		✓ *				✓				✓	
BEEF BIRRIA BURGER	✓	✓	✓								
BROCCOLI & PINEAPPLE SLAW											
PATATAS BRAVAS											

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BEETROOT SALAD		✓*				✓	✓				
CHURROS	✓	✓	✓	✓							
MANGO TRES LECHE CAKE				✓							

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